

EXCLUSIVE

SPORTS CLUB

SPORTS PROGRAMME

YOGA

TABATA

PADDLE BOARD

ABS WORKOUT

CROSSFIT

AQUA CYCLE

AQUA FITNESS

AQUA BOXING

FUNCTIONAL TRAINING

AQUA FITMAT

AQUA JUMP

GROUP CYCLING

TRX

STRETCHING

PILATES

FEEL THE VIBE

**KEEP^{THE}
ENERGY
UP!**

