

EXCLUSIVE

SPORTS CLUB

SPORTS PROGRAMME

YOGA

GROUP SPINNING

ANIMAL FLOW

STRETCHING

FUNCTIONAL TRAINING

CRAZY ABS

AQUA FITMAT

TABATA

CORE EXPRESS

AQUA FITNESS

PILATES

AQUA CYCLING

AQUA JUMPING

CORE & MORE

TOTAL BODY

AQUA BOXING

AQUA POLE

FEEL THE VIBE

**KEEP^{THE}
ENERGY
UP!**

